

CJHS PANTHER DAILY ANNOUNCEMENTS

THURSDAY 10/23/25

Good Morning Cabot Panthers!!!! Here are your morning announcements.

Pledge of Allegiance



(National Anthem on Wednesdays)

Lunch Entree

Chicken Tenders

Pepperoni Pizza Rippers

Vegetables

Mashed Potatoes

Green Beans

Fruit

Assorted Fruits

Grains

Homemade Roll

Milk

Chocolate Milk

White Milk

Misc.

Brown Gravy

announce every Monday) Builders club is collecting pop tabs to support the Ronald McDonald House. Please turn your pop tabs into your 1st period teacher. The 1st period class that collects the most pop tabs will receive Sonic drinks in May.

Student Council and NJHS are sponsoring the CJHS Fall Food Drive. Bring in non-perishable food items to your 2nd period teacher. 1 food item = 1 pound. Challenge for the 2nd period class that gets the most pounds get a donut party !!!

Our goals are:

- 🏆 500 lbs — Mrs. Sandage, Mrs. Hill, and Mr. Tarrant get a pie in the face!
- 🏆 1,000 lbs — Mrs. Sandage gets taped to the wall!
- 🏆 1,500 lbs — Mrs. Sandage, Mrs. Hill, and Mr. Tarrant go in the dunk tank!
- 🏆 2,000 lbs or more — We'll do ALL of the above!

Every pound counts — let's make a difference, CJHS! ❤️❤️

Next Week, we will celebrate Red Ribbon Week by having Color Dress Up Days. Each day will be represented by a certain color. You can find the dress up days in the hallway and will also be shared on social media and google classroom.

This Friday we will be celebrating Dwarfism Awareness by wearing green. Those caught showing their support by wearing green will receive a green wristband.

Builders Club will be selling boo-grams this week during lunch. Send a boo-gram to a friend for \$1. See Mrs. West or a builders club officer to purchase.

Students, remember- Absolutely no cafeteria food will be allowed outside during breakfast or lunch. You must sit down at a table to eat, then you can go outside.

Keep following CJHS Expectations to get a chance to be this week's Super Sonic Student!

Today's CJHS Expectation:

I will respect others'
space and
belongings.

Moment of Silence

Have a great day, CJHS